

HINDU

The information on Hinduism has been provided by a recognized community resource for this faith. This information is not endorsed by the Oregon Department of Corrections, nor does it constitute Oregon Department of Corrections policy.

Theology/History

Hinduism is the religion followed by approximately 70 percent of the 700 million people in India.

This religion is polytheistic with 33 gods.

Holy Books

Early sacred literature has the title of Veda (knowledge) and is also known as Sruti (that which is heard). Four types of texts fall under Veda-Sruti heading:

- Simhitas
- Brahmanas
- Aranyakas
- Upanisads

Diet

Hindus are strict vegetarians who use no eggs, no meat of any kind, no onions, and no garlic. Milk or dairy products can be used.

Religious Items/Recommendations

Incense - Small cones/bottles

Incense Burner - Long enough to hold cones.